



## **Sectorinstituut Transport en Logistiek**

### **Introduction**

The 'Sectorinstituut Transport en Logistiek' has been founded on 1st July 2014 by the social partners in the sector (TLN, VVT, FNV Bondgenoten and CNV Vakmensen) after a merger between VTL, Fuwa and Gezond Transport. The Sectorinstituut represents 130.000 employees in the transport sector.

One of the services of the Sectorinstituut is supporting the prevention and reduction of absenteeism. A good health is one of the most important conditions to be able to perform the daily tasks for any employee. Actively supporting good labour conditions, improving the awareness of the importance of a healthy life style of employees and if necessary adequately responding to absenteeism. The Sectorinstituut is focused on increasing the sustainable employability of its members' employees and optimising its services on 'Prevention and Absenteeism'.

### **Challenge**

The transport sector can still make substantial improvements on the sustainable employability of its employees. The average age is increasing and there are challenges on physical workload, psycho-social workload and lifestyle. Vital 2 Perform was given the task to develop a suitable and tailor made portfolio of sustainable employability interventions to improve the sustainable employability of the transport sector.

### **Our approach**

We have started with thorough research looking at challenges and demands in the sector. What aspects are of key importance for employers and social partners? What are the key issues on health and sustainable employability that they would like to be addressed and improved? Based on the results of the research we have started a pilot for 100 truck drivers and developed a tailor made portfolio of interventions. The pilot consisted of three steps: 1) Improving awareness, 2) Taking the right action and 3) Persevere.

### **The results**

Based on the very positive results of the pilot the portfolio of interventions to improve the sustainable employability was rolled out over the entire sector.